



# 'SWA'-ROOPWARDHINEE

## ANNUAL REPORT - 2014

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### **Registration Details :**

PAN No. **AAATS5461K**

Bombay Public Charitable Trust Reg. No. **F/1694, Pune**

The Societies Registration No. **MAH/588/Pune/80**

Foreign Contribution Regulation Act Regn. No. **083930260**

Registration Under Sec. 12A of I.T. Act 1961 - **CH/P/Pna/3315/81-82**



### **Income Tax Exemption Details**

**50% Income Tax Exemption** under Section 80-G (perpetual) &

**100% Income Tax Exemption** under section 35-AC

of the I.T.Act,1961 and is valid up to Financial Year 2016-17

Cheque may please be drawn in favour of 'Swa'-Roopwardhinee



**LIST OF OFFICE BEARERS & MEMBERS OF THE EXECUTIVE COMMITTEE**

**HONOURABLE MEMBERS**

- ❖ Padmavibhushan Dr. Raghunath Mashelkar ❖ Shri. Pramod Choudhari  
❖ Padmashri Shri. Prataprao Pawar

**EXECUTIVE COMMITTEE**

- ❖ **President** :- Shri. Jaisimhbhai Mariwala  
❖ **Vice Presidents** :- Shri. Shrikant Samal Shri. Uday Gujar  
Shri. R. A. Mehta  
❖ **Chairman** :- Shri. Kalyan Varde  
❖ **Jt. Chairmen** :- Shri. Shirish Patwardhan Shri. Ram Dimble  
❖ **Treasurer** :- Shri. Kanhaiyalal Baldota  
❖ **Jt. Treasurer** :- Shri. Vilas Kulkarni  
❖ **Secretary** :- Shri. Dnyanesh N. Purandare  
❖ **Jt. Secretaries** :- Smt. Pushpa Nade, Shri. Amol Undre  
Shri. Vishwas Kulkarni

❖ **MEMBERS** ❖

- |                        |                           |                             |
|------------------------|---------------------------|-----------------------------|
| ❖ Shri. Avinash Joshi  | ❖ Mrs. Bageshree Ponkshe  | ❖ Shri Ramesh Joshi         |
| ❖ Shri Vinod Bibwe     | ❖ Dr. Vinesh Nagare       | ❖ Mrs. Meghana Atre         |
| ❖ Shri. Arvind Kelkar  | ❖ Shri. Sanjay Tambat     | ❖ Adv. Mrs. Neelima Gokhale |
| ❖ Shri. Parag Lakade   | ❖ Mrs. Deepali Thorat     | ❖ Miss Lata Tilekar         |
| ❖ Shri. Sunil Kulkarni | ❖ Dr. Pradeep Agashe      | ❖ Dr. R.L. Deopurkar        |
| ❖ Shri. Ajay Kadam     | ❖ Shri. Nandkishor Sondur |                             |

**From Chairman's Desk....**

Dear Well wishers,  
Sasneha Namaskaar.

In a country like India, where nearly one out of four families is below poverty line, the social needs cannot be met only by Government schemes. It is therefore necessary to have a Non Governmental Organisation of voluntary citizens to meet many of the social needs.

Maharashtra, fortunately has a large number of such organizations which are run by selfless social workers. 'Swa'-Roopwardhinee is one such organization which has been trying to meet the needs of socially & economically deprived women, youths and children. Various activities have been carried out in past three decades and new projects are being added. Beneficiaries of all these activities are thousands of families.

Respectable life & careers are now available to many thousand women and young people. Our Asst. Nursing Course has been completed successfully by nearly 1300 women and young girls who are working independently or doing jobs in hospitals. Hundreds of young boys and girls, after completing their education are pursuing their own professions or serving in progressive companies/industries.

Since the year 2000 Wardhinee has been conducting coaching classes for competitive examinations like MPSC/UPSC. You will be happy to know that so far more than 125 students of this center have joined the state or central government service as officers.

I request the readers to read the detailed report of all these activities on the following pages and give us feed back.

I must mention here that in the last 30 years Wardhinee has always worked with the financial assistance from the well wishers from India and abroad. With these active blessings and dedicated work of all the volunteers, we are sure that Wardhinee activities will continue to grow in the years to come.

Kalyan Varde  
**Chairman**



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During his tenure as President of India, Bharatratna Dr. APJ Abdul Kalam has given a dream to the youth, to bring India into the rank of Developed Countries by the year 2020. There is no doubt that we are progressing and in some fields like IT, Space Research, the world admires our excellence. Recently the whole world has witnessed the accuracy, excellence and the confidence of our scientists from ISRO . In the first attempt itself, on 24th of September,2014 our spacecraft successfully entered Mars Orbit. India is the only nation on earth that could dare to do this successfully in its first attempt.

2014 is an important year, also from historical point of view. In the year 1906, Lokmanya Tilak was sentenced to six years of imprisonment in Mandalay (Burma). He wrote the book 'Gita-Rahasya' while he was in prison. He was released on June 8, 1914. So this is the centenary year of his release from Mandalay Prison. Lokmanya Tilak always imbibed four points- Swaraj, Rashtriya Shikshan, Bahishkar & Swadeshi. These four points inspired thousands of countrymen to start various movements that led to our independence. Even after independence, these four points are relevant and important. In the changed scenario they will motivate the young generation to bring the dream of Dr.APJ Abdul Kalam into a reality. The MOM expedition is an concrete example of Lokmanya's Swadeshi approach.

To bring APJ's dream into a reality, the young generation needs to be motivated. It gives us pleasure to put before you our humble efforts to motivate the youth as well as school children, throughout the year. It is an opportunity for us to introspect & also to understand the shortfalls. We sincerely request you to go through the work report, at your leisure. Your suggestions and comments, if any, are highly solicited.



## Regular activities during the year

The following is the list of regular activities and programs which were organized during 2014. Many of these programs are organized every year. They help us to nurture the students properly and to inculcate the values in them, like truthfulness, discipline, social binding etc.

- **Sankrant Utsav** (Annual Gathering)
  - Bal Vibhag (Chief Guest Shri.Eknath Burse & Renowned Singer Smt. Anjali Salil Kulkarni)
  - Women's Wing (Chief Guest - Dy.Collector Mrs.Varshatai Ladha/Undwal & Renowned Writer Mrs.Veena Dev)
  - Shakha Vibhag(Chief Guest- KPIT Chief Shri.Ravi Pandit & Dy.Commissioner of Police (Traffic Wing) Shri.Vishwas Pandhare)
- Celebration of **Republic Day & Independence Day**
- **Warsharambh Upasana** : On the auspicious day of Gudhipadwa, volunteers do meditation in the Omkareshwar Temple. This upasana session is followed by a new years motivational address by some senior persons from social field. This year Shri.Vamanrao Abhyakar was the Chief Guest, who motivated the volunteers.
- Organization of **Blood Donation Camp**
  - On the day of Bharatratna Dr.Babasaheb Ambedkar Jayanti, blood donation camps were organized at 5 different places. This helped us to increase the number of voluntary donors. We could collect 209 bags of blood.
- Celebration of **World Science Day**.
  - Project Demonstration on the theme unconventional energy- models on creating energy using wind power and solar power
- **World Women's Day** -
  - Colloquial Competition & Essay Competition was organized on this occasion. Prizes were distributed to winners at the hands of Smt. Anagha Biniwale and Education Officer Smt. Garima Gupta.
- **Residential Camps**
  - **Women's Wing** (Nursing Course)Visit to Blood Bank, Lectures on Life Style & Health, Waste Management, Anatomy etc.
  - A two day camp was organized in the month of March for women from unorganized sector.
  - **Shakha Vibhag**  
**(Summer Season)** - 5 residential camps were organized for various age groups, on subjects as given below :-
    - The importance of Reading (for 8th to 10th Std students)
    - The idols in their childhood (for 5th to 7th Std students)
    - Study Skills & Personality Development (for girl wing)



- Get...Set....Ready for 10th Std (for 10th std students)
- 2 day camp for Montessori Kids (Sr. Division)

More than 550 students as well as volunteers participated in all these camps.

- **(Diwali Vacation)-** 5 residential camps were organized for various shakha zones on subjects as given below :

Zone 1 - Extraordinary Personalities amongst Common People

Zone 2 - Personality Development through Sports

Zone 3 - The importance of cleanliness (SWACHHATA)

Zone 4 - Life & Ecology in Villages

Zone 5 - Motivational War Stories & Experiences

More than 600 students as well as volunteers participated in all these camps.

- **Annual Sports Day-**On 23rd November annual inter shakha sports competitions were held. The events and the winners were as under

Event	Competition between	Winner
Langdi	5th & 6th std	Narweer Tanaji Malusare Shakha
Kho Kho	7th & 8th std	Swami Brahmhanand Shakha
Kabaddi	9th & 10th Std	Swami Dayanand Shakha
Handball	11th & 12th Std	Swami Brahamanand Shakha
Kabaddi	Youths	Samarth Ramkrishna Shakha
Volly Ball	Sr.Volunteers (Vyawasayik)	Bhag 4
Langdi	5th to 7th Std (girls wing)	Ghorpade Peth Shakha
Kabaddi	8th to 10th Std (girls wing)	Bhagini Nivedita Shakha

#### Sanghik Suryanamaskar

5th to 7th std.	Swami Brahmanand Shakha
8th to 10th std.	Samarth Ramkrishna Shakha
Youths	Swami Dayanand Shakha

#### Individual Events for girls

100 meter running	5th & 6th std	Suphiya Shaikh
	7th & 8th std	Samrudhi Yadav
	9th & 10th std	Gauri Gunjal
	11th & 12th	Sonali Bhand
Long Jump	5th to 7th Std	Priyanka Tiwari
	8th to 10th std	Sonali Kamble
	Yuvati	Sonali Bhand

**Individual Events for Boys-**

	5th-6th std	7th-8th std.	9th-10th std.	11th-12th std	FY to TY	Senior Volunteers
100 mtr. running	Ritesh Shinde 14.72 Sec	Sidheshwar Dalvi 13.66 Sec	Shekhar Chavan 12.50 Sec	Akshay Kadam 12.31 Sec	Sandeep Jagdhane 12.30 Sec	Aashish Badade 12.78 Sec
1500 meter running	Prakash Jamdar 6m.13sec.	Santosh Kachare 5m 52sec	Amit Aadavde 5m. 37 sec	Parth Kashyap 5m. 17 sec.	Tushar Mudhe 5m 25 sec	
Bhala Phek					Sumit Patil 31.8 mtr	
Gola Phek			Vinayak Khapre 8.50 mtr	Rhushikesh Narsale 8.70mtr	Akshay Pisal 8.00 mtr	Himanshu Bharati 7.00mtr
Long Jump	Rakesh Chambhar 3.90 mtr	Vishal Khatal 4.31 mtr	Amit Aadavde 5.40 meter	Sachin Nikam 4.98 mtr	Sandeep Jagdhane 5.52 mtr	

- **Study Tours**

- The students of Competitive Exam. Coaching Center visited Hivre Bajar. They had an opportunity to meet the idol of this village, namely Shri.Popatrao Pawar. He shared his experiences, his efforts in changing the mind set of the villagers and bring unity amongst them. The villagers now share problems as well as fruits of success. The students visited the Gram Samsad Bhawan and tried to understand the concept behind the Gram Samsad and the results so far.

The group then visited Ralegan Siddhi to personally see the efforts being taken to train youth for village development, through various institutes. The students also interacted with residents of Ralegan Siddhi to understand the real strength behind the experiments done by Hon'ble Shri.Anna Hajare

- Visit to Indradhanush Ecology Protection Center- On 22nd March; the World Water Day, the students of Competitive Exam Coaching Center visited the center run by Pune Municipal Corporation. This is the only center in India run by any Municipal Corporation that works for protecting Ecology. Through power point presentation, the officers in the center explained how the center is motivating people to make proper use of water, the importance of recycling of water etc.

- **Montessori Teachers' Training Camp-** (1st week of June)

- **Youth Wing -**

- Volunteer Training Workshop on the theme 'Success'
- Study Tour to Naxal dominated & affected area of Gadchiroli Dist.
- Study Tour to Pune University / The AAYUKA Cell.
- Study Tour to Maharashtra Gandhi Smarak nidhi(Gandhi Bhawan) & Manawya Sanstha (working for AIDS affected children)
- Workshop on Career Guidance by Prof. Vijay Navle
- Volunteer Training Workshop on the theme importance of regular rapport, positive mindset of volunteers, setting a goal etc.
- Volunteer Training Workshop on the theme 'My Role in My Life & In Wardhinee'

- **Parent Meets**

Parent meets were organized this year on the topics listed below



- Nutritional Diet by Dr.Vinesh Nagre
- How to maintain positive & healthy atmosphere in the home during examination period.- Smt.Vanamala Joshi.

- **Ganeshotsav**

This year the following programs were organised in celebration of the Ganeshotsav

- Daily recitation of Atharvshrsh Stotra by Montessori Kids
- Street Plays on the subjects like corruption, discipline in personal life & in social life, Terrorism, Problems of cultural pollution,
- Two day workshop to train people to perform Ganesh Puja
- Lecture series on Rajarshi Shahu Maharaj, Krantiveer Bhagat Singh, Dr.Ambedkars' thoughts as an Economist, Chandrashekar Azad, Mahatma Phule, Savitribai Phule, Great Persons in their childhood,
- Demonstration of Mallakhamb, Dhvajdal, Lezim, Tipri, Jhanj
- Participation in Ganesh Idol immersion processions

- **Street Play**

- Inspiring Life & Messages of Swami Vivekananda
- During Ganeshotsav, 8 branches of Wardhinee Shakhas conducted more than 80 street plays on various social issues.
- Remembering Shahid Bhagat Singh, Sukhadeo & Rajguru on their Martyr day, a street play was organized at 4 places in Managalwar Peth area. It thrilled and motivated both the artists as well the audience on the street.

- **Various programs during Summer Vacation-**

- Visits to - Zoo & Snake Park, Agricultural College, Metrology Office, Pune Marathi Granthalaya(Library), Ramkrishna Math
- Trekk at Lohgad, Rajgad ,Shivthar Ghal, Harishchandra Gad, Karle/Bhaje,
- Visit to Exhibition on Japani Dolls
- Visit to Peshve Urja (Energy) Park
- Cycle trip to Simhgd Fort
- Visit to Rajeev Gandhi Snake Park, Katraj

- **Cycle Trip : Pune to Dive Aagar** - The youth wing organizes cycle trip of youth every alternate year. This year it was for Dive Aagar (150 Km from Pune) 70 youth participated in this energetic trip which started on 25th December, 2014 Students returned to Pune on 28th December with same energy. The Chairman Shri.Varde was present at the flag off ceremony.



- **Lectures during the year-**

- Life story of Savitribai Phule by Sandeep More
- Motivational incidents in the life of Savitribai Phule (on the World Safety Day for women) by Miss. Tejashri Shinde
- The art of concentration Dr.Gupte
- Stories of Swami Vivekanand by Shri Suresh Patil



- Dramatic Act on the life of Ahilyabai Holkar by Smt.Dixit
- Animated Film on ecology with the help of Tellus Organization
- Positive Thinking by Mrs.Sujata Shenoy
- Bharat & Bangla Desh - Problems & Solutions by Shri. Prasad Barve
- Bharat & Neighbouring Countries by Shri. Prasad Joshi
- **Other Activities**
  - Project to prepare a news paper (on the occasion of Journalist Day)
  - Visit by Office Staff to Srivatsa run by SOFOSH for catering to the needs of the abandoned, orphaned little ones. The staff members celebrated Sankranti Utsav in the company of the little ones in this orphanage
  - The students of Ramkrishana Shakha under the leadership of Shri.Santosh Ghadge demonstrated the skill in the Mallakhamba. The team got this opportunity to show their skill as a part of the cultural program organized by Ila Foundation in the World Raptor Conference at Pune
  - The students of Swami Brahmanand Shakha had an informal chat with the group of Warkari, who had an overnight stay in the school, on their way to Pandharpur. The students & volunteers of Akhandanand Shakha had a kabaddi match with the Warkari group. The Warkari enjoyed the match
  - Rotary Club of Pune Gandhibhawan with the help of Deenanath Mangeshkar Hospital had organized a first aid training workshop for youth volunteers of Wardhinee. 40 youth volunteers were trained in this workshop.



## CONGRATULATIONS



We are proud to mention that

- The Honorable Member of 'Swa'-Roopwardhinee Padmabhushan **Dr.Raghunath Mashelkar** was felicitated with **Padma Vibhushan** Award on the Republic Day
- Another Honorable Member of 'Swa'-Roopwardhinee **Shri.Prataprao Pawar** was also felicitated with **Padma Shree** Award on the Republic Day
- The full time worker and Joint Chairman of 'Swa'-Roopwardhinee **Shri. Shirish Patwardhan** was honored on the Republic Day by Pune Municipal Corporation for his contribution in the field of education and social work.
- A Journalist of Indian Express & In Charge of Competitive Examination Center of Wardhinee **Shri.Chandan Haigunde** was honoured with Young Environmental Journalist Award
- Sheth Chimanlal Govinddas Memorial Trust honored 'Swa-Roopwardhinee with a memento and Rs.25000/-.
- Maharashtra Rajya Matang Sangtana honoured 'Swa'-Roopwardhinee for its contribution in the development of the needy, with a memento on the occasion of Lokshahir Annabhau Sathe Jayanti.
- Twashta Kasar Sanstha felicitated **Smt.Geeta Bodhe**; a Montessori Teacher of Wardhinee on the occasion of Teachers' Day





### Swami Vivekananda Matrubhumi Gaurav Puraskar- 2014

The committee formed to select winner for the year 2014,unanimously selected Padmashri **Shri. Milind Kamble**, Chairman of the Dalit Indian Chamber of Commerce & Industry (DICCI) for his work to bring together entrepreneurs from among the Scheduled Casts & the Scheduled Tribes and to promote the culture of entrepreneurship among them. The felicitation program was held on 3rd Jan. 2015 at Jyotsna Bhole Sanskrutik Sabhagruh.



Padmashri Milind Kamble was felicitated with a cash award of Rs.25,000/- and a Memento, at the hands of **Shri Pramod Chaudhari of Praj Industries & Shri. Bhikuji allies Dada Idate; National Convener of Samajik Samarasata Manch.** Shri. Pramod Chaudhari expected that Shri.Milind Kamble, can play vital role to divert youths from joining the naxal movement, by giving them self employment opportunities, through DICCI. Shri. Dada Idate briefed the role played by Samajik Samarasata Manch in creating an atmosphere of oneness in the society and Shri.Milind Kamble's contribution in this respect. Shri.Milind Kamble in his reply explained as to how the thoughts of Bharatratna Babasaheb Ambedkar, Mahatma Jyotiba Phule and Rajarshi Shahu Maharaj motivated him to start a platform to unite and encourage entrepreneurs from SC/ST community. He said that whenever he got opportunities to discuss across the table with Planning Commission or financial institutes like CII, FICCI; he has very firmly expressed that DICCI does not want any concessions, instead they need connections.

#### Winners of Madgaokar Prize for Best Wardhak/Wardhika of 'Swa'-Roopwardhinee

Year	Group	Winner's Name
2014	Secondary School Group Higher Secondary School Group	Master Akshay Kadam Mr. Amol Gore



#### Bravo Boys !

Master Abhiraj Mengane & Archis Kulkarni (std. 6th) who were the students of the center for the Homi Bhabha Bal Vaigyanik Spardha Pariksha, run by Wardhinee, successfully entered the final round of the examination.



#### Well Done !! Congratulations !!

- Shri. Sumit Patil and Shri. Sandesh Manval successfully completed two groups for C.A. in their first attempt.
- Shri.Ramdas Mirkar ; Ex.Student and Faculty of Competitive Exam Coaching Center, stood first in M.A.(Political Science subject ) in University of Pune
- Shri.Yogesh Patil ; Student of Competitive Exam Coaching Center(Scholarship Batch), stood first in M.A.(Political Science subject )(External Wibhag) in University of Pune
- Mrs. Rashmi Lengre (student of the self study center) stood first in colloquial competition and Essay Competition organized by Disha Foundation & Stree Shakti Jagran Sanstha respectively.
- Gorakhnath Navte of the CEC stood 2nd in the Gen.Knowledge Competition organized by Bharati Vidyapeeth





### Successful Students of Coaching Centre for Competitive Exams.

Sr. No.	Name of the Student	Post Held At Present
01	Miss Shubhangi Patil	Dy. CEO(Class I) Ranked 1st in the State in the open category for Women
02	Shri Vijay Gote	Asst Sales Tax Commission(Class I) Ranked 10th in the State in open category
03	Shri. Sandeep Bhandare	Dy.CEO(Class I) Ranked 2nd in the State in reserve category
04	Mrs. Shilpa Jamdade	Nayab Tahasildar (Class II) Ranked 1st in the State in open category for women
05	Shri. Kailas Andil	Nayab Tahasildar (Class II) Ranked 2nd in the State in open category
06	Shri. Raviraj Jadhav	Nayab Tahasildar (Class II) Ranked 1st in the State in the reserve category
07	Shri. Prashant Khedkar	Zonal Officer(Class II) Ranked 1st in the State in the reserve category
08	Miss Yogita Dhole	Nayab Tahasildar (Class II) Ranked 5th in the State in open category for women
09	Dr. Rajeev Wable	Nayab Tahasildar (Class II) Ranked 5th in the State in open category
10	Shri. Vaibhav Kharabi	BDO(Class II) Ranked 32nd in the State in open category
11	Miss Megha Dhole	Asst (Mantralaya Post) Ranked 2nd in the State amongst Girls
12	Shri Avinash Atkad	Asst (Mantralaya Post)
13	Shri. Swapnil Borse	Asst Mech.Engg (Class II)
14	Shri.Nilesh Thorat	Asst Mech.Engg (Class II)
15	Shri. Avinash Vishwas	Law Officer



### NOTEWORTHY THINGS OF THE YEAR

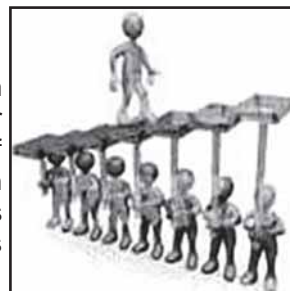
#### Scholarships to needy students

Right from the beginning, the trust is helping the needy students, to fulfill their educational needs like fees, educational material etc. The trust could do this, due to the financial support received from philanthropic individuals, trusts and foundations. During this year we were able to help more than 170 needy students. An amount of Rs.Nine lacs was released for this purpose to students from High School level to Post Graduation . We take this opportunity to express our gratitude towards the following individuals, trusts, and Industries for their timely and substantial support

- Dr.Sou.Prabha Joshi & Dr.Bal Joshi Scholarship Scheme
- SterliteTechnologiesLtd ➤ Tata Motors Limited ➤ TataPower&CommunityDevelopment Project ➤ Gajanan Educatioal Trust, & The Shivajiyans

#### Workshop on the theme persistence of vision

A group led by Miss.Payal conducted a workshop at Swami Dayanand Saraswati Shikha during the period Feb to April on the theme 'Persistence of Vision'. Through group discussions, lecture sessions and games, the group tried to imbibe various thoughts like-





- Little will change until we change our thinking.
- We don't see things as they are, we see things as we are. As we go through each day, our experiences and observations change us.
- Neither personal growth nor growth in our knowledge base is automatic, it takes doing what we are not naturally inclined to do, and it takes a lot of effort.
- Moving forward from a persistence of thought requires that we look at our thinking in a new light and then reframe it. Change can happen when we see things differently.
- Under any circumstances, in any situation one must not forget his/her aim.



### **A step towards expansion of the ongoing projects**

Since last 2 years, efforts are being made to find out like minded people and organizations outside Pune City. Now in districts like Satara, Solapur & Nasik, we have come across some volunteers as well as some local reputed organizations/ institutes who have shown interest in Wardhinee activities.

At Satara, the Lakshmi Keshav Pratisthan trust is working since last 5 years for children from socially/economically weaker sections of the society. The activity is run nearly on the same lines of Wardhinee Shakha and right from day first the students of this trust sing Wardhinee Prayer.

This year the trustees of 'Swa'-Roopwardhinee and Lakshmi Keshav Pratisthan signed a MOU and have agreed to work together. The activity at Satara will be treated as a sub center of Wardhinee. The volunteers of Wardhinee shall visit Satara at a regular interval and shall conduct volunteer meetings, shall help the trustees/volunteers of Lakshmi Keshav Pratisthan to organize programs like residential camps, lectures, group activities etc. The students from Satara sub center shall participate in the residential camps at Pune, as and when possible. 12 students/volunteers of this trust participated in the camps organized in the Diwali vacation.

### **Get Together of Asst.Nursing, Tailoring Class ex-students & Members of Self Help Groups**

The students for the above two courses as well as members of self help groups from the year 2007 were invited for informal get-together programs. The get together programs were organized to know how the courses have helped the students in their lives. Some of the students shared their experiences which were very encouraging-

- **Shrikant Shinde** who was working as sweeper in KEM hospital completed the Asst. Nursing Course and now he is working in the ICU Cell of the Hospital as a Male Nurse.
- **Miss Kalyani Waghawale** shared that due to the Asst Nursing Course and the job she got thereafter, helped her to know herself. She could realize that she is 'somebody'
- **Smt. Mandakini Kapse** very spontaneously reacted that the Asst.Nursing course made her confident and now she is enjoying her life.
- **Miss Kavita Shende** shared her experience that due to the training in the Nursing Course, she could take her serious relative patient to hospital in time, by putting Oxygen Mask
- **Mrs.Madhuri Bhalsakle** who completed the tailoring course and got one sewing machine as reward, shared how the art of tailoring is helping her to run the family. The sewing machine daily reminds me about Wardhinee.
- **Mrs. Vaidya**, a member of the SHG expressed her feelings by telling that due to the SHG activity, she is now able to make financial planning for her family.
- **Mrs. Meera Shinde** who has worked as Chairman of a SHG expressed that the group



activities developed her confidence

➤ **Mrs. Naravade** shared they got training to make soap powder and liquid soap in one of the training programs. Now she is regularly making the soap powder/liquid soap for her family.

➤ **Mrs. Malan Wakde** informed the gathering that due to the SHG, they could help one cancer patient

**Publication of a Special Issue on Pre Primary Education**

Last year was the silver jubilee year of the Pakoli Montessori School . On 26th July, this year, a special issue was published containing articles by eminent educationists. The issue was inaugurated at the hands of senior volunteer and Ex.Principal of Jnanaprabodhinee School, Shri.Vivek Ponkshe.

**Kargil Victory Celebration-** Lt. Gen.V.M.Patil (PVSM, AVSM) was the Chief Guest for the Kargil Victory Day Program. He spoke to the students, shared his experiences in the war field and expressed his thoughts on the topic 'What after 15 years of Kargil Victory ?'

**The Relief Work at village Malin**

On 30 July 2014, a landslide occurred in the village of Malin in the Ambegaon taluka of Pune district The landslide, which hit early in the morning while residents were asleep, was believed to have been caused by a burst of heavy rainfall, and killed more than 150 people.

After this unfortunate and unpredicted incident, Govt. machinery as well as social organizations like RSS, Vanwasi Kalyan Ashram, started the rehabilitation work . The NDRF team sent by Government has done commendable work to



save lives and property. We are very proud to mention here that the leader of this NDRF team was a student of Wardhinee's Competitive Exam Coaching Center.

Considering his suggestions and the suggestions of the volunteers of RSS & Vanwasi Kalyan Asharm, a team of 100 students of CEC went to Malin on 30th August to serve the villagers of Malin. This group of 100 students was asked to work in the paddy field of those families who have lost most of the family members in this

landslide.

The group worked throughout the day and completed re-plantation work in 30 acres. The group also studied the reasons behind this landslide. They talked to the local people alive and tried to understand whether they had any prior indication of such landslides, whether it was a pure natural accident or a result of unauthorized excavation work on the hills.

**A Special Lecture on the ambitious Mars Orbiter Mission by ISRO**

A retired Scientist and Wardhinee's senior volunteer Shri.Sunil Kulkarni addressed a lecture on 23rd September. It was a audio/video session. Shri. Sunilji started with the birth story of ISRO and motivated the gathering by telling how senior scientists like Dr.APJ Abdul Kalam worked in adverse conditions. From such beginning how rapidly the expansion





and growth of ISRO took place. The pace and confidence of Indian Space Research Scientists have astonished the Space Research World. Mars Orbiter Mission was one of ISRO's ambitious expedition. The mission is a "technology demonstrator" project to develop the technologies for design, planning, management, and operations of an interplanetary mission.

Students and volunteers present asked number of questions about the Mars Mission. Though the lecture was continued for about two hours but everybody was eager to know more about ISRO and the Mars Orbiter Mission. The audience was spellbound and came out of the hall with a feeling of National Pride.

### **Sports Training & Nutritional Diet Project**

In order to find out the hidden sports talent/potential in the students, a pilot project of sports training started in the month of June at Ramkrishna Shakha and Swami Shradhanand Shakha.. A scientific plan of an integrated physical development including some techniques is planned with support of nutritional diet. Regular medical checkup is also a part of this project. This project is run with the help of Public Health Dept of Pune University and SNTD College. The sports training will be the same on



both these centers. The difference will be in diet. 50 students at Ramkrishna shakha will get planned diet after the daily physical training, whereas 52 students at Shradhanand shakha will get physical training only. A comparative study of this sample will be studied to find out the difference in energy level, concentration, development in sports skills etc. the results are encouraging.

### **TOWARDS EXPANSION....**

#### **Plan to construct a Multifaceted Training Center for Women at Charholi Budruk**

The Founder President and Chairman had a dream to start a nursing school and some other vocational training courses for women empowerment, on a large scale. The Founder President donated one acre of land in Charholi Bk., to bring their dream into a reality. Keeping the need of land to start a Nursing School, and other vocational courses, the trust recently purchased a piece of land adjoined to the one acre plot donated to it by the Founder President. The architects of the trust have prepared the building plan, which would be finalized shortly. The total project cost of this proposed multifaceted training centre is estimated to Rs.s 6.00 crores. In the first phase, the trust wishes to construct Ground + 2 floors, where we shall run the courses, step by step. Taking into consideration the need and further expansion plans, the remaining part of the bldg. plan would be completed in Phase II

### **PROPOSED COURSES**

#### **Nursing**

**Future Need of Nurses-** The 2012 report of World Health Organization states that India needed 2.4 million nurses in order to achieve the nurse patient ratio of one nurse per 500 population by 2012. The current nurse patient ratio is one nurse per 2250 patients.

Despite training 60,000 nurses annually and a faculty student ratio of 1:45, India faces shortage of nurses at every level of the health care system. Over 20 per cent of the qualified nurses go abroad for improved pay and professional development creating a vacuum in healthcare human resources. This is directly manifested in the high infant and child mortality rates in states with the worst nurse shortage. In India there are 2,000 nursing diploma schools, 1,200 nursing



degree schools and 281 M.Sc. nursing colleges. However, there is disparity in the distribution of nursing educational institutions across the country, with the four southern states having two-thirds of the nursing institutes in the country.

Taking into consideration the increasing need of Nurses in India and the disparity in nursing educational institutes in the country, there is tremendous scope for running a Nursing School at Charholi Budruk, Tal. Haveli, Dist.Pune. The trust wishes to focus on starting-

- Nursing Diploma Courses(ANM/GNM)
- B.Sc.Nursing
- Paramedical courses like X-Ray Technician, Lab. Technician etc.

### **YOGA Training Centre**

It is a fact that today's life has become stressful. Even children of primary school level face stresses, due to many reasons. Right from the kids up to senior citizens, there is a stress. In order to control the stress and avoid the physical as well as psychological problems, arising out of stresses, Yoga Therapy is accepted worldwide. It is a gift given by India to the world. Unfortunately, in India also there is a great need to train people to follow yoga.

The art of practicing yoga helps in controlling an individual mind, body and soul. It brings together physical and mental disciplines to achieve a peaceful body and mind, it helps to manage stress and anxiety and keep you relaxing. It also helps in increasing flexibility, muscle strength and body tone. It improves respiration, energy and vitality.

Man is a physical, mental and spiritual being; yoga helps promote a balanced development of all the three. The follower of Yoga feels rejuvenated and energized. Thus, Yoga bestows upon every aspirant the powers to control body and mind. Yogic exercises recharge the body with cosmic energy This facilitates

- Attainment of perfect equilibrium and harmony
- Promotes self- healing.
- Removes negative blocks from the mind and toxins from the body
- Enhances Personal power
- Increases self-awareness
- Helps in attention focus and concentration, especially important for children
- Reduces stress and tension in the physical body by activating the parasympathetic nervous system

### **Vocational Training Courses**

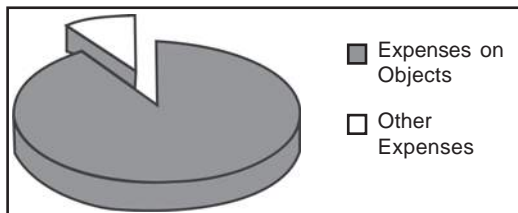
In spite of the various measures taken up by the government after Independence Women haven't been fully empowered. We still witness dowry deaths, domestic violence and exploitation of women. The female foeticide is not an uncommon phenomenon. The male female ratio though improved over last few years is still far from satisfactory. It is 940 women per 1000 men for India. In some states it is as much lower as 877. The female literacy rate is also lower than the male literacy rate. One can easily come across with incidents of deprivation, degradation and exploitation of women, specially from rural areas and from deprived sectors of the society. Everybody of us is eager to see our Nation into the rank of developed nations. To bring this dream into a reality, the society will have to strive hard for the empowerment of women. Hence the role of NGOs like 'Swa'-Roopwardhinee, in this regard has become important. Since 1990 Wardhinee is running vocational training courses and the results are quite encouraging. In this proposed Multifaceted Training Centre, Wardhinee plans to start few short duration courses, as listed below.

- Tailoring & Fashion Designing Course
- Various Short duration courses for Self Help Group



### Financial Position & An Appeal

Chart showing total expenses F.Y.2013-14



EXPENCES ON OBJECTS	Rs.63,96,914/-	90%
ADMNEXPENCES	Rs. 6.62.481/-	10 %
TOTAL EXPENCES	Rs 70,59,395/-	

Since 1979 the trust is working mainly for students and ladies from underprivileged sections of the society, irrespective of caste, creed & religion. The trust is running its activities, without any financial support from Govt. right from its inception. This we could do only because of continuous financial support from philanthropic persons in the society. We are very much thankful to you for your support and encouragement. Your active support encourages us to work with more zeal. From the Expense Chart for the Year 2013-14, you will observe that trust takes care that maximum amount is spent on the main objects and we can assure you that every rupee received from you will be used properly.

Donations to the trust are exempted 50% under Sec. 80-G and 100% under section 35 - AC of the Income Tax Act, 1961. You are requested to release donation to the maximum possible extent. Your donation will help us to run the ongoing projects smoothly and also bring the dream of expansion into reality, as early as possible.






If you are residing abroad, we are happy to write here that we are registered under the F.C.R. Act and are eligible to receive donation in any currency. If you wish to donate in USA, we request you to route the same through IDRF or Seva International, USA, enabling you to receive the tax exemption facility applicable in USA. If you wish to donate from UK, we shall be thankful if you could release and route the cheque through Seva International, UK

### Activities At A Glance

Sr.No.	Name of the Ongoing Project	Present strength
1	<b>Integrated Development Centers</b> (for the Age Group 5+ to 14+)	800 students in 16 Branches
2	<b>Pakoli - A Kinder Garten (Jr. &amp; Sr.)</b>	180 kids
3	<b>Vocational Training Courses for needy women</b> <b>Asst. Nursing Course</b> 100 students <b>Sewing &amp; Fashion Designed Clothes</b> 25 students	125 students
4	<b>Mother &amp; Child Health Care Centre</b> (In co-operation with Shashwat Hospital-once a week) <b>Literacy Class</b> <b>Counseling Centre</b> - once a week <b>Self Help Groups</b> (16 Groups )	50 patients per clinic day 25 Ladies  320 Ladies
5	<b>Self Study Centre</b> (daily, throughout the year)	1000 Students
6	<b>Coaching Centre for Competitive Examinations(MPSC)</b>	80 students
7	<b>Mobile Laboratory &amp; All Round Rural Development Project</b> (for villages from Mulshi & Haveli Taluka)	2000 students



Outcome of the humble endeavor

Sr. No.	Name of the Ongoing Project	Number of Beneficiaries till date	Outcome of the humble endeavor
1	Integrated Development Centers (for the Age Group 5+ to 14+)	About 6000 students	<p>Either self employed or working with honor in various fields like Teachers/Professors/ Principal, Police-Army Officers, Doctors, Advocates, Magistrates, Engineers &amp; Officers in Industries, Various employment generating businesses etc.</p> 
2	Pakoli - A Kinder Garten (Jr. & Sr.)	About 6000 kids	<p>joined primary schools/High schools and further line of education</p> 
3	Vocational Training Courses for needy women	About 3000	<p>More than 1300 needy women/girls got employed as Asst. Nurse or Montessori Teachers and some of them are Self employed in fields like tailoring, patient attendants at home</p> 
4	Literacy Class Self Help Groups (16 Groups)	About 500 ladies	<p>500 ladies became literate which is helping them a lot in their day to day life.</p> 
6	Coaching Center for Competitive Examinations	About 2500	<p>The No. of students who are selected for various Officer Posts in State / Central Govt. is 125 students</p> 
7	Mobile Laboratory & All Round Rural Development Project (for villages students)	About 5000 students	<p>The project helped the students to complete High School education &amp; the Teachers got practical training</p> 